

**ns Schedule:**

**n (Date) at (Location)**  
*before Christmas Break)*

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*Read through each session*

ponsible for completing these  
candidates in their efforts.

**ember:**

by **April 22rd 2018**. This  
ed to be handed in and is for

**9pm** at St. Joseph's Church—  
d Evening Reflection: Both  
expected to be there.

**m** at St. Joseph's Church—  
r Mass

also need to meet with Fr.  
oe done in March. More  
these. Sponsors, please  
how your candidate have  
d Catholic.

# St. Jo

# Sponsor

# 2017



## Session 4: Living the Catholic Faith

It is not easy to live an authentic Catholic life. What challenges have you faced living as a follower of Christ? What challenges do you think you will face in the future?

Review effects of confirmation

### **Sponsors-**

How do you live your C

The best part of being C

### **Candidates-**

I want to be confirmed I

How will you continue to

How can your sponsor

**Both-** Confirmation gives us  
confess the name of Christ bo  
confess Jesus name boldly? I  
bold proclamation?

For too many teens, Confirmation  
they come to Mass for weeks,  
this surprise you? Why or why  
you feel? How can you encour  
live their confirmation daily?

### **Sponsors-**

What are specific things  
prepare for Confirmation

Why do you think the ca  
confirmed?

What gifts does the car  
to serve God?

ponsor time this) to sit in  
word or phrase.

by **share** the word or phrase

er. Repeat steps 1-3 and  
ed to you. What do you see

repeat steps 1-3 and instead  
ng for an image ask yourself  
What is God asking you to do

er with some intercessions  
world. Perhaps someone or  
that you would like to pray for.

experience.  
nage, and challenge that you  
similar theme?  
s shared? Why do you think

ed in your individual prayer?

Dear Sponsor,

Thank you for saying “y  
young person at St. Joseph’s.  
for the candidates. They are a  
receiving the sacrament of Co

You will discover through  
that your role as sponsor has a  
You will be a **mentor** as you share  
of the Catholic faith. You will know  
journey as you pray and share  
importantly you will be a **brother**  
them encounter our Lord and s  
important to realize that some  
brother/sister in Christ as we do  
other.

On behalf of St. Joseph  
ing form a young person in our  
you and are here to help if you

Blessings to you on this journey

<><+

Melissa Hund-Cerna

Coordinator of Faith Formation

Grades 6-12

218-236-5066

## and check-in (monthly)

s attendance  
t faith formation  
projects

th each other

our at adoration

## Confirmation

ld be in a the state of grace  
ous sin), be well prepared by  
sis, and be committed to the  
iled by the Sacrament.

e for ensuring the candidates  
nfirmation through his/her  
ervice.

challenge and correct  
not come to Mass every  
ke their preparations  
ve concerns about the  
or preparation, please call me  
this.

## Commit to doing one thing to more about your faith?

Next time you meet you will be  
Take some time to reflect on h  
God before you meet again. A  
daily to pray, meditate, and co  
discuss prayer if you do not ha

## Session 3: Prayer

What have you done since you  
faith?

What is prayer? (Look this up  
Describe your prayer life.

How do you pray? (time  
how long, what do you  
you pray)

Describe a moment when you  
closer to God during your pray  
What challenges do you face w  
prayer?

**Lectio Divina:** Take time fo  
two of you to do this prayer me  
invite parents and other people  
and discussion. (Teens you c  
Bible to find more information  
C12. There are a number of c  
one that you will do is slightly  
Bible, but contains the same e  
Scripture to reflect upon: Matt

**Step 1:** Candidate **reads** the  
listens for a word or phrase th  
as simple as one word or sent

## 2: Why Be Catholic?

One thing you chose to do  
to grow closer to God?

What is happening in your life?

How has your commitment to  
Confirmation been going?

What are you learning about in formation  
and have you faced any

challenges? How can your sponsor help  
you overcome these challenges?

**God Sponsor:** If a friend  
is your sponsor, how would you respond?

What are you discovering/rediscovering your

Why do you want to be Catholic faith would you like

Answers to these questions? *\*Take  
these questions together.*

Are you currently having a difficult time

Who do you select as your  
sponsor? (Do not select a Saint name,  
or you?) How does this Saint

Who are you going to pick for your

## Effects of Confirmation

*Confirmation brings an increase in  
baptismal grace:*

- *It roots us more deeply in the faith of our adopted sons and daughters. We cry, "Abba! Father!"*
- *It unites us more firmly to Christ.*
- *It increases the gifts of the Holy Spirit.*
- *It renders our bond with the Church stronger.*
- *It gives us a special strength to profess and defend the faith by word and deed, as witnesses of Christ, to conquer sin, and to live in peace, boldly, and never to be ashamed.*

## Confirmation Checklist

help candidates complete the

- Initial Interview with youth minister
- Letter to Bishop (due February 15, 2018)
- Saint Name/Confirmation Mass (due March 2018)
- Interview with priest/youth minister (due March 2018)
- Justice Service Hours & Retreat (due March 2018)
- Complete Overnight Retreat (due March 2018)
- Meet 4 times with sponsor
- Attend Mass weekly
- Attend Class
- Attend 2 youth group nights

# : The Start of a

the highlights from the past

ve been facing?

ct your sponsor?

when asked to be a sponsor

irmation day and your

prepare (classes, retreats,  
:.)

f your confirmation like?

you have of that day?

one so far to prepare for

n what ways would you like to

*ve been preparing for  
ears. This year you start your  
on. Review the commitment  
t sponsor.*

reparation for confirmation. I  
-class formation sessions and  
also agree to complete the  
my personal retreat, the  
liturgical ministry activities.

s with an open heart and give  
o and group leaders.

I agree to cultivate a relation  
learn from their spiritual gu  
promise to receive all that God  
and to let the gifts and fruits o  
my life.

Candidates if you are prepare  
sign the commitment in the fro  
Sponsors please help your car  
by making sure they are atten  
classes, praying, and striving t  
study, prayer, and service.

**Candidate**– How can your sp  
commitment? How can your s  
and challenge you to become

**Sponsors**– What advice do y  
they begin this journey toward

This week one thing I can do

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(Discuss how this one thing w

***Next time you meet you will  
Catholic and exploring differ  
Please review the questions  
Also do some of the questio  
prepare for this session.***